



I LOVE SCHOOL DINNERS

INDEPENDENTCATERING | EDUCATER LIMITED

WEEK
1

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 2 NOVEMBER

TUESDAY 3 NOVEMBER

WEDNESDAY 4 NOVEMBER

THURSDAY 5 NOVEMBER

FRIDAY 6 NOVEMBER

V
VEGETARIAN
VEGAN

(8)
VEGAN

(1, 8, 12)
VEGAN

(1)
VEGAN

VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9, 11)

(2, 8)

(1, 4)

P
PASTA
DISH



(1)



(1)



J
JACKET
POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

(1)

(1, 7)

(1)

D
DESSERT
DISHES

(1, 14)

(1, 7, 9)

(1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESH MEAT

FRESH FISH

FRESH VEGETABLES

LOCAL PRODUCE

WINDFALL FISH

OTFORD

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I LOVE SCHOOL DINNERS

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WEEK

2

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 9 NOVEMBER

TUESDAY 10 NOVEMBER

WEDNESDAY 11 NOVEMBER

THURSDAY 12 NOVEMBER

FRIDAY 13 NOVEMBER

V
VEGETARIAN
VEGAN

VEGAN

M
MAIN
MEAL

P
PASTA
DISH

J
JACKET
POTATO

S
SIDE
DISHES

D
DESSERT
DISHES

(1, 9, 11)



Diwali Day

(1, 7, 9, 11)

(1, 7, 9)

(1)

VEGAN

(1)



Children In Need Day



(1)

VEGAN

(1)

(9)
(4)

(1, 9)

(1, 7, 9)

(9)
(4)

(1,14)

(1)
VEGAN

(9)
(4)

(1, 7)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

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WE ONLY USE



FRESH FRUIT FRESH FISH FRESH MEATS LOCAL PRODUCE WHOLESALE

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WEEK

3

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 16 NOVEMBER	TUESDAY 17 NOVEMBER	WEDNESDAY 18 NOVEMBER	THURSDAY 19 NOVEMBER	FRIDAY 20 NOVEMBER
V VEGETARIAN VEGAN	Vegetable Spaghetti Bolognese (1) VEGAN	Vegetable and Mixed Bean Wrap (1) VEGAN	Roasted Squash, Spinach and Lentil Pie (1) VEGAN	Vegetable Kebab with Halloumi in a Pitta Bread and Tzatziki (1, 9)	Margherita Pizza (1, 8, 9) (May Contain 7)
M MAIN MEAL	Beef Spaghetti Bolognese (1)	Chicken Fajitas with Wraps (1, 11)	Roast Turkey, Stuffing and Gravy (1)	Lamb Kebab (Kofta) with Pitta Bread and Tzatziki (1, 9)	Fish Fingers (1, 4)
P PASTA DISH		Homemade Pesto Pasta Bows (1)		Mac n' Cheese (1, 9, 11) (May Contain 8)	
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Garlic Bread (1, 8) Sweetcorn, Salad Bar	Rice, Fresh Broccoli, Salad Bar	Roast Potatoes, Cabbage and Fresh Carrots, Salad Bar	Wholemeal Rice and Homemade Slaw (1)	Chips, Garden Peas and Baked Beans, Salad Bar
D DESSERT DISHES	Chocolate Pudding and Chocolate Sauce (1, 7, 9) (May Contain 8)	Strawberry Jelly Mousse (9)	Oaty Apple Crumble and Custard (1, 9) (May Contain 8)	Tutti Fruity Thursday Mixed Melon Pots	Fruit Smoothie Day

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

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3 MOLLUSCS
4 FISH

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6 NUTS

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11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

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WE ONLY USE



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I LOVE SCHOOL DINNERS

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WEEK

4

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 23 NOVEMBER

TUESDAY 24 NOVEMBER

WEDNESDAY 25 NOVEMBER

THURSDAY 26 NOVEMBER

FRIDAY 27 NOVEMBER

V
VEGETARIAN
VEGAN

VEGAN

(1, 9)

(1)
VEGAN

VEGAN

(1, 9)
VEGAN

M
MAIN
MEAL

(2, 8)

(1, 14)

(1, 4)

P
PASTA
DISH

(1)



(1)



(1)

J
JACKET
POTATO



(9)
(4)



(9)
(4)



S
SIDE
DISHES

(1, 7, 8)

(1)

D
DESSERT
DISHES

(1, 7)

(1, 7)

(1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

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WE ONLY USE



FRESH FRUIT FRESH FISH FRESH VEGETABLES LOCAL PRODUCE WHOLESALE/IMPORT

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I LOVE SCHOOL DINNERS

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WEEK

5

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 30 NOVEMBER

TUESDAY 1 DECEMBER

WEDNESDAY 2 DECEMBER

THURSDAY 3 DECEMBER

FRIDAY 4 DECEMBER

V
VEGETARIAN
VEGAN

VEGAN

(1)
VEGAN

(1, 7, 9, 11)

VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9)

(1, 7, 9)

(1, 14)

(1, 4)

P
PASTA
DISH



(1, 9, 11)



(1, 9)



J
JACKET
POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

D
DESSERT
DISHES

(1, 7)

(9)

(1, 14)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
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WE ONLY USE



ORGANIC • FAIRTRADE • HONEST FOOD • LOCAL • WHOLEGRAIN

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WEEK

6

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 7 DECEMBER	TUESDAY 8 DECEMBER	WEDNESDAY 9 DECEMBER	THURSDAY 10 DECEMBER	FRIDAY 11 DECEMBER
V VEGETARIAN VEGAN	Vegetable Spaghetti Bolognese (1) VEGAN	Vegetable and Mixed Bean Wrap (1) VEGAN	Roasted Squash, Spinach and Lentil Pie (1) VEGAN	Vegetable Kebab with Halloumi in a Pitta Bread and Tzatziki (1, 9)	Margherita Pizza (1, 8, 9) (May Contain 7)
M MAIN MEAL	Beef Spaghetti Bolognese (1)	Chicken Fajitas with Wraps (1, 11)	Roast Gammon and Pineapple (1)	Lamb Kebab (Kofta) with Pitta Bread and Tzatziki (1, 9)	Fish Fingers (1, 4)
P PASTA DISH		Pesto Pasta Bows (1)		Mac n' Cheese (1, 9, 11) (May Contain 8)	
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Garlic Bread (1, 8) Sweetcorn, Salad Bar	Rice, Fresh Broccoli, Salad Bar	Roast Potatoes, Cabbage and Fresh Carrots, Salad Bar	Rice and Homemade Slaw	Chips, Garden Peas and Baked Beans, Salad Bar
D DESSERT DISHES	Chocolate Pudding and Chocolate Sauce (1, 7, 9) (May Contain 8)	Strawberry Jelly Mousse (9)	Oaty Apple Crumble and Custard (1, 9) (May Contain 8)	Tutti Fruity Thursday Mixed Melon Pots	Fruit Smoothie Day

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

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7 EGGS
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12 LUPIN

13 SESAME
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WE ONLY USE



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WEEK

7

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 14 DECEMBER

TUESDAY 15 DECEMBER

WEDNESDAY 16 DECEMBER

THURSDAY 17 DECEMBER

FRIDAY 18 DECEMBER

V
VEGETARIAN
VEGAN

(8)
VEGAN

(1)

(1, 8, 12)
VEGAN

VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9, 11)

(1,7,8,9)

(1, 8)
(2)

(1, 4)

P
PASTA
DISH



(1, 9, 11)



J
JACKET
POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

(1)

(1, 7)

(1)

D
DESSERT
DISHES

(1, 7, 9)

(1, 7, 9)

(1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

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WE ONLY USE



FRESH MEAT FRESH FISH FRESH VEGETABLES LOCAL PRODUCE WHOLEMEAL FLOUR

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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

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THURSDAY 5 NOVEMBER

FRIDAY 6 NOVEMBER

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(8)
VEGAN

(1, 8, 12)
VEGAN

(1)
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VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9, 11)

(2, 8)

(1, 4)

P
PASTA
DISH



(1)



(1)



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POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

(1)

(1, 7)

(1)

D
DESSERT
DISHES

(1, 14)

(1, 7, 9)

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FRESH FRUIT FRESH FISH FRESH VEGETABLES LOCAL PRODUCE WHOLESALE ONLY

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WEEK

2

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THURSDAY 12 NOVEMBER

FRIDAY 13 NOVEMBER

V
VEGETARIAN
VEGAN

VEGAN

M
MAIN
MEAL

(1, 7, 9, 11)

VEGAN

P
PASTA
DISH

(1, 9, 11)



Diwali Day

(1, 7, 9)

(1)



(1)



Children In Need Day

J
JACKET
POTATO



(1)

VEGAN

(1)



(9)
(4)

(1,14)

(1)
VEGAN

S
SIDE
DISHES

(9)
(4)

(9)
(4)

D
DESSERT
DISHES

(1, 9)

(1, 7, 9)

(1, 7)

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WE ONLY USE



PREPARED MEAT PREPARED MEAT PREPARED MEAT LOCAL BUTCHER WINDSORHAMPTON

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ALLERGEN KEY

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2 CRUSTACEANS

3 MOLLUSCS
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9 MILK
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WE ONLY USE



FRESH CHICKEN

FRESH PORK

FRESH MINCED BEEF

LOCAL PRODUCE

WHOLEMEAL PASTA

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WEEK

4

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TUESDAY 24 NOVEMBER

WEDNESDAY 25 NOVEMBER

THURSDAY 26 NOVEMBER

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V
VEGETARIAN
VEGAN

VEGAN

(1, 9)

(1)
VEGAN

VEGAN

(1, 9)
VEGAN

M
MAIN
MEAL

(2, 8)

(1, 14)

(1, 4)

P
PASTA
DISH

(1)



(1)



(1)

J
JACKET
POTATO



(9)
(4)



(9)
(4)



S
SIDE
DISHES

(1, 7, 8)

(1)

D
DESSERT
DISHES

(1, 7)

(1, 7)

(1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

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14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESH FRUIT

FRESH POTATO

FRESH VEGGIES

LOCAL BUTCHER

WHOLESALE BUTCHER

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WEEK

5

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 30 NOVEMBER

TUESDAY 1 DECEMBER

WEDNESDAY 2 DECEMBER

THURSDAY 3 DECEMBER

FRIDAY 4 DECEMBER

V
VEGETARIAN
VEGAN

VEGAN

(1)
VEGAN

(1, 7, 9, 11)

VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9)

(1, 7, 9)

(1, 14)

(1, 4)

P
PASTA
DISH



(1, 9, 11)



(1, 9)



J
JACKET
POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

D
DESSERT
DISHES

(1, 7)

(9)

(1, 14)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

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WE ONLY USE



FRESH MEAT FRESH FISH FRESH VEGETABLES LOCAL PRODUCE WHOLEMEAL FLOUR

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WEEK

6

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 7 DECEMBER	TUESDAY 8 DECEMBER	WEDNESDAY 9 DECEMBER	THURSDAY 10 DECEMBER	FRIDAY 11 DECEMBER
V VEGETARIAN VEGAN	Vegetable Spaghetti Bolognese (1) VEGAN	Vegetable and Mixed Bean Wrap (1) VEGAN	Roasted Squash, Spinach and Lentil Pie (1) VEGAN	Vegetable Kebab with Halloumi in a Pitta Bread and Tzatziki (1, 9)	Margherita Pizza (1, 8, 9) (May Contain 7)
M MAIN MEAL	Beef Spaghetti Bolognese (1)	Chicken Fajitas with Wraps (1, 11)	Roast Gammon and Pineapple (1)	Lamb Kebab (Kofta) with Pitta Bread and Tzatziki (1, 9)	Fish Fingers (1, 4)
P PASTA DISH		Pesto Pasta Bows (1)		Mac n' Cheese (1, 9, 11) (May Contain 8)	
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Garlic Bread (1, 8) Sweetcorn, Salad Bar	Rice, Fresh Broccoli, Salad Bar	Roast Potatoes, Cabbage and Fresh Carrots, Salad Bar	Rice and Homemade Slaw	Chips, Garden Peas and Baked Beans, Salad Bar
D DESSERT DISHES	Chocolate Pudding and Chocolate Sauce (1, 7, 9) (May Contain 8)	Strawberry Jelly Mousse (9)	Oaty Apple Crumble and Custard (1, 9) (May Contain 8)	Tutti Fruity Thursday Mixed Melon Pots	Fruit Smoothie Day

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

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WEEK

7

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 14 DECEMBER

TUESDAY 15 DECEMBER

WEDNESDAY 16 DECEMBER

THURSDAY 17 DECEMBER

FRIDAY 18 DECEMBER

V
VEGETARIAN
VEGAN

(8)
VEGAN

(1)

(1, 8, 12)
VEGAN

VEGAN

(1)
VEGAN

M
MAIN
MEAL

(1, 9, 11)

(1,7,8,9)

(1, 8)
(2)

(1, 4)

P
PASTA
DISH



(1, 9, 11)



J
JACKET
POTATO

(9)
(4)



(9)
(4)



(9)
(4)

S
SIDE
DISHES

(1)

(1, 7)

(1)

D
DESSERT
DISHES

(1, 7, 9)

(1, 7, 9)

(1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

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WE ONLY USE



ORGANIC • FAIRTRADE • HORSE • APPLE • WHEAT

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